

PROBYS KITCHEN Allergen Menu -07.04.24

All Allergens are present in our Kitchens

CONTAINS	Gluten	Crustaceans	Eggs	Fish	Soybeans	Milk	Peanuts	Nuts	Celery	Mustard	Sesame	Sulphites	Lupin	Molluscs
Breakfast Menu														
Porridge	X		X			X	X	X			X			
Granola Bowl	rye barley		X			Cow	X	X			X	X		
Chilli Egg Roll - Bacon	Wheat		X			Cow					X	X		
with - Haloumi	Wheat		X			Sheep/Cow					X			
Mushroom and Feta Toast	Wheat				X	Cow					X			
Harrissa Eggs	Wheat		X									X		
Pancetta Hash			X		X	Cow						X		
Ricotta Pancakes	Wheat		X			Cow								
add bacon	Wheat					Cow						X		
Coconut Frecnch Toast	Wheat		X			Cow						X		
Kimichi Eggs	Wheat					Cow	X				X			
Probys Breakfast - Poached	wheat		X			Cow						X		
Proby Breakfast Fried Egg	wheat		X			Cow								
Sweet potato Bean Fritter									X					
add poached egg			X						X			X		
add roasties						Cow						X		

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Sides														
Add Bacon												X		
Add Blackpudding					X									
Add baby Roasties														
Add Blasamic Mushrooms					X							X		
Add Avacado												X		
Add poached Egg			X									X		
Add Fried Egg			X			Cow								
Add Chili Jam												X		
Add Wasabi Mayo										X		X		
Add preserves														
Gluten Free Bread												X		
Sourdough Toast	Wheat													
add butter	Wheat					Cow								
add jam	Wheat					Cow								

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Brunch														
Mushroom & Feta Toast	Wheat				X	Cow					X	X		
Ricotta Pancakes	Wheat		X			Cow								
add bacon	Wheat					Cow						X		
Harrissa Eggs	Wheat		X									X		
' - with Gluten free Bread			X									X		
Coconut French Toast	Wheat		X			Cow								
Sweet potato Bean Fritter									X					
add poached egg			X						X			X		
add roasties						Cow						X		
Probys Breakfast - Poached	wheat		X			Cow						X		
Proby Breakfast Fried Egg	wheat		X			Cow								
Sides		See sides												
Feta & Spinach parcel	Wheat		X		sheep/goat/cow							X		
OTOFU Burger	Wheat				X					X	X			
Waffle	Wheat				X	Cow		almonds						
Kimichi Eggs	Wheat		X			Cow	X				X	X		

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Lunch Menu														
Waffle	Wheat				X	Cow		almonds						
Kimchi Toastie	Wheat					Cow	Peanut				X	X		
Soup						Cow								
" with chicken flatbread						Cow								
" with veg flatbread						Cow						X		
Pho Broth							X	X						
Black Bean Fritters											X			
Feta & Spinach parcel	Wheat					Cow								
Chickpea Curry														
Hippie Bowl	Wheat							Cashew			X	X		
Rigatoni Pasta	Wheat					Cow		cashew						
Flatbread - Chicken	Wheat					Cow								
Flatbread - Vegetarian	Wheat				X	Cow								
OTOFU burger	Wheat				X							X		
Feta & Spinach parcel	Wheat					sheep/goat/cow								
Sides														
Tofu					X									
Chicken														
grain sald					X						X			
roasties												X		

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Pastries, Cakes & desserts														
Croissant	wheat		X			Cow								
Pain au Chocolat	wheat		X			Cow								
Pain au Raisin	wheat		X			Cow						X		
Croissant Almond	wheat		X			Cow		Almond						
Mini Butter						Cow								
Jam														
Blackberry & Apple Cake			X			Cow		Almond						
Caramel Roulade			X			Cow								
Chcolate Torte								Almond				X		
Sweet of the Week	Please ask Waiter													
Affogato	Whear		X			Cow		almond						

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HOT DRINKS														
Americano														
Cafe Latte						Cow								
Cafe Mocha						Cow								
Hot Chocolate						Cow								
Flat White						Cow								
Spiced Chai						Cow								
Tea with Dairy Milk						Cow								
Herbal / Fruit Tea														
Dairy Milk						Cow								
Oat Milk	Oat													
Soya Milk					X									
Iced Americano						Cow								
Iced Latte						Cow								
Iced Mocha						Cow								
Flavoured Caramels														

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Cold Drinks														
Homemade Kefir														
Hibiscus Tea														
Orange / Apple Juice														
Beetroot & ginger juice														
Pomegrante Sprritzer														
Dragon Fruit & agave						Cow								
Blackberry Smoothie						Cow								
Kombucha												X		
Ginger Beer												X		
Peroni	Barely											X		
Coke/ Zero														
7up / 7up Zero														
Sparkling Water														
Still Water														
Non Alcoholic Cava												X		
Virgin Mimosa												X		
Virgin Elderflower fizz												X		

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Wines & Sparkle														
Colomba Bianca Grill												X		
Complices Sav Blanc												X		
Abadia Albarino												X		
ERA Montepulciano												X		
Cotes Du Rhone												X		
Osoti Rioja												X		
La Mourette Rose												X		
Prosecco												X		
Mimosa												X		
Elfderflower fizz												X		