

PROBYS KITCHEN Allergen Menu -26.09.26

All Allergens are present in our Kitchens

BREAKFAST														
Dish/Item CONTAINS	Gluten	Crustaceans	Eggs	Fish	Soybeans	Milk	Peanuts	Nuts	Celery	Mustard	Sesame	Sulphites	Lupin	Molluscs
Granola & Soy yogurt	Wheat, Rye, Oat				X			Cashew				X		
Granola & Greek yogurt	Wheat, Rye, Oat					X		Cashew				X		
Sourdough Toast	Wheat					X								
Mushroom on Toast	Wheat				X	X		Hazelnuts			X			
French toast	Wheat		X			X								
Ricotta Pancakes	Wheat		X			X						X		
Pancetta Hash			X											
Chickpea & carrot cake														
Probys Fishcakes				X		X				X				
Harissa Eggs			X									X		
Probys Breakfast	Wheat		X			X								
Toast, butter, eggs & beans	Wheat		X			X								
Add Blackpudding														
Add Bacon														
Add Blackpudding														
Add Sausage	Wheat													
Add Roasties														
Add Smashed Avo														
Add Mushrooms					X							X		

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BRUNCH														
Dish/Item CONTAINS	Gluten	Crustaceans	Eggs	Fish	Soybeans	Milk	Peanuts	Nuts	Celery	Mustard	Sesame	Sulphites	Lupin	Molluscs
Mushroom on Toast	Wheat				X	X		Hazelnuts			X			
French toast	Wheat		X			X								
Ricotta Pancakes	Wheat		X			X						X		
Pancetta Hash			X			X								
Chickpea & carrot cake														
Probys Fishcakes				X		X				X				
Harissa Eggs			X			X								
Chickpea/carrot Fritter														
Braised Chickpea Stew														
Tart Tatin	Wheat		X			X		Cashew						
Seafood Curry		X		X										X
Beef Salad					X								X	
Chicken Supreme						X					X			

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LUNCH														
Dish/Item CONTAINS	Gluten	Crustaceans	Eggs	Fish	Soybeans	Milk	Peanuts	Nuts	Celery	Mustard	Sesame	Sulphites	Lupin	Molluscs
Soup						X								
with Bread & Butter	Wheat					X								
Sandwich- Chicken	Wheat		X					Cashews	X					
-Vegetarian	Wheat													
Chicken Noodle Pho				X			X							
Hippie Bowl								Walnuts						
Chickpea & Carrot Cake														
Probys Fishcakes				X		X				X				
Tart Tatin	Wheat		X			X		Cashew						
Seafood Curry		X		X										X
Beef Salad													X	
Chicken Supreme						X								
Lunch SIDES														
Add Tofu - Chilli					X						X			
Add Chicken														
Add Green Salad														
Add Roasties														

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SIDES														
Dish/Item CONTAINS	Gluten	Crustaceans	Eggs	Fish	Soybeans	Milk	Peanuts	Nuts	Celery	Mustard	Sesame	Sulphites	Lupin	Molluscs
Add Bacon														
Add Blackpudding														
Add baby Roasties														
Add Blasamic Mushrooms					X							X		
Add Crushed Avo														
Add poached Egg			X											
Add Fried Egg			X			X								
Add Chili Jam												X		
Add Tofu - Chilli					X						X			
Add jam/marmalade														
Add Peanut Rayu					X		Peanuts				X	X		
Add Harissa														
Add Dill Mayo			X							X		X		
Add Vegan Mayo										X		X		
Add Mayo			X							X		X		
Add Chicken														

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PASTRIES, CAKES, DESSERTS														
Dish/Item CONTAINS	Gluten	Crustaceans	Eggs	Fish	Soybeans	Milk	Peanuts	Nuts	Celery	Mustard	Sesame	Sulphites	Lupin	Molluscs
Croissant	Wheat		X			X								
Pain au Chocolat	Wheat		X			X								
Pain au Raisin	Wheat		X			X						X		
Scones	Wheat		X			X								
Orange & Almond cake	Wheat							Almond						
Carrot Cake	Wheat		X			X								
Chocolate chip Cookie	Wheat		X			X								
Raspberry & Coconut Slice	Wheat		X			X								
Probys Meringue			X			X								
Chocolate torte								Almond						
Blackberry & Apple Crumble	Wheat					X		Almond						
Katifi Cheesecake	Wheat		X			X								
Affogato	Wheat		X			X		Almond						
Praline Affogato	Wheat		X			X		Almond						
Kahlua Affogato	Wheat		X			X		Almond						
Cheese Plate	Wheat					X								

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COFFEE/ TEA														
Dish/Item CONTAINS	Gluten	Crustaceans	Eggs	Fish	Soybeans	Milk	Peanuts	Nuts	Celery	Mustard	Sesame	Sulphites	Lupin	Molluscs
Americano														
Cafe Latte						Cow								
Cafe Mocha						Cow								
Hot Chocolate						Cow								
Flat White						Cow								
Spiced Chai						Cow								
Tea with Dairy Milk						Cow								
Herbal / Fruit Tea														
Matcha						Cow								
Dairy Mik						Cow								
Oat Milk	Oat													
Soya Milk					X									
Iced Americano						Cow								
Iced Latte						Cow								
Iced Mocha						Cow								
Flavoured Syrups														

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COLD DRINKS														
Dish/Item CONTAINS	Gluten	Crustaceans	Eggs	Fish	Soybeans	Milk	Peanuts	Nuts	Celery	Mustard	Sesame	Sulphites	Lupin	Molluscs
Orange Juice														
Apple Juice														
Beetroot juice														
Mango Smoothie														
Mixed Berry Smoothie						x								
Raspberry Spritz														
Water Kefir														
Ginger Beer														
Hibiscus & Lavender Ice tea														
Probys Lemonade														
Sparkling Water														
Still Water														
Coke/ Coke Zero														
7up / 7up Zero														
Raspberry & Rosemary Shrub														

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SPARKLING WINE & SPRITZES														
Dish/Item CONTAINS	Gluten	Crustaceans	Eggs	Fish	Soybeans	Milk	Peanuts	Nuts	Celery	Mustard	Sesame	Sulphites	Lupin	Molluscs
Pares Balta Cava												X		
Pannier Brut Champagne												X		
Mimosa												X		
Elderflower Fizz												X		
Kir Royale												X		
Hibiscus Belini												X		
Vallformosa Cava 0.0%												X		
Virgin Mimosa												X		
Virgin Elderflower fizz												X		
Virgin Hibiscus Belini												X		
Virgin Hugo Spritz												X		
Aperol Spritz												X		
Hugo Spritz												X		
Valentia Island Spritz												X		
Lemoncello Spritz												X		
Sarti Spritz												X		
Tonic, Thyme & Citrus														
Ginger, Lime & Bitters														
Fig Leaf & Apple														

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WINE														
Dish/Item CONTAINS	Gluten	Crustaceans	Eggs	Fish	Soybeans	Milk	Peanuts	Nuts	Celery	Mustard	Sesame	Sulphites	Lupin	Molluscs
Mesta												x		
Domine De Menard												x		
Assuli Fiordiligi												x		
Aotea												x		
Dominio de Fontana												x		
Terras Gauda O Rosal												x		
Petit Chablis												x		
Von Winning RiesIng												x		
White wine special												x		
Jean Loren Rose												x		
Terre di Chieti Rosso												x		
Ciello Rosso												x		
Didier Fleurie												x		
Quattro Tinto												x		
Brich Barbera												x		
Chaume Cote du Rhone												x		
La Moscata Malbec												x		
Baron de ley Rioja												x		
Red Wine Special												x		

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BEER & CIDER														
Dish/Item CONTAINS	Gluten	Crustaceans	Eggs	Fish	Soybeans	Milk	Peanuts	Nuts	Celery	Mustard	Sesame	Sulphites	Lupin	Molluscs
Peroni 0.0%	Barley													
Peroni	Barley													
9 Deer Kolsch lager	Barley													
9 deer IPA beer	Barley													
Stonewell Cider												x		
Stonewell Cider 0.0%												x		
Damson Mule														

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Granola & Soy yogurt	Wheat, Rye, Oat				X			Cashew				X		
Granola & Greek yogurt	Wheat, Rye, Oat					X		Cashew				X		
Sourdough Toast & Butter	Wheat					X								
Mushroom on Toast	Wheat				X	X		Hazelnuts			X			
French toast	Wheat		X			Cow								
Ricotta Pancakes	Wheat		X									X		
Pancetta Hash														
Chickpea & carrot cake														
Probys Fishcakes				X		Cow				X				
Pancetta Hash			X			Cow								
Probys Breakfast	Wheat		X			Cow								
Toast, butter, eggs & beans	Wheat		X			Cow								
Add Blackpudding														
Add Bacon												X		
Add Blackpudding												X		
Add Sausage	Wheat													
Add Roasties														
Add Smashed Avo														
Add Mushrooms												X		

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KIDS MENU														
Dish/Item CONTAINS	Gluten	Crustaceans	Eggs	Fish	Soybeans	Milk	Peanuts	Nuts	Celery	Mustard	Sesame	Sulphites	Lupin	Molluscs
Kids Pancake	Wheat		X			X								
Kids French Toast	Wheat		X			X								
Sourdough Toast	Wheat													
Add Chocolate						X								
Add Maple Syrup														
Add Banana														
Add Bacon												X		
Add Blackpudding														
Add Sausages	Wheat													
Add Fried Egg			X											
Add Poached Egg			X											
Veg Fritter & Roasties														
Fish Cake & Roasties				X										
Chicken & Roasties														
Linguini Pasta	Wheat													
Add Chicken														

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Dish/Item CONTAINS	Gluten	Crustaceans	Eggs	Fish	Soybeans	Milk	Peanuts	Nuts	Celery	Mustard	Sesame	Sulphites	Lupin	Molluscs
STARTER														
Chickpea & Carrot Cake					X									
Mussels						X						X		X
Cajun Prawn	Barley	X				X								
Charred Cauliflower							Walnuts/ Almonds					X		
Fig, Parma, & Ricotta						X								
Fish Cakes			X	X		X				X		X		
MAIN														
Braised Chickpea Stew											X			
Tart Tatin	Wheat					X		Cashew						
Duck Confit						X						X		
Seafood Curry		X		X										X
Pan Seared of Fish				X										
Pork Belly						X						X		
Beef Salad					X									
Chicken Supreme						X								
Green Pepper Steak						X								
Chicken Supreme						X					X			
Green Pepper Steak					X	X						X		
Seasonal Veg	Please ask server of tonights vegetables													

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