

BREAKFAST.....SERVED ALL DAY**FRUIT PARFAIT - €7**

Yoghurt, coconut, granola & fresh fruit.
... **G,D,N**

BUTTERMILK PANCAKES €13.50

SERVED UNTIL THE BATTER RUNS OUT! Blueberry pancakes with lemon crème fraîche, fresh berries, almond essence, maple syrup & toasted almond flakes.
... **G,D,N,E,V**

BREAKFAST BAP €10

Bresnan's bacon, sausage, free range egg, potato slice, house relish & cheese.
... **G,D,E,SB**

TWO EGG OMELETTE - €12.50

Choice of 3: cheese, onion, tomato, spinach, mushrooms, ham, chorizo. With grilled sourdough. Extras €1.25 each.
... **G,D,E,M**

SIR HENRY - €11

Poached free range eggs, avocado smash, on a grilled English muffin with dressed greens, cherry tomatoes and spinach pesto. **G,D,E,M**
... **Add Smoked Salmon €3.95**
Honey Baked-Ham €3.50

EGGS ROYALE - €14

Poached eggs, smoked salmon & asparagus on a grilled English muffin with hollandaise & dressed greens.
... **G,D,E,M,F**

POACHED EGGS & TOAST - €8.50

Two free range eggs, confit cherry tomatoes, dressed mixed greens & grilled sourdough.
... **G,E,D,M**

WILD MUSHROOMS & POACHED EGGS €13.50

Wild mushrooms in parmesan cream, over grilled sourdough topped with free range poached eggs and hollandaise.
... **G,D,E**

EGGS BENEDICT - €14

Poached free range eggs, honey-baked ham, house hollandaise, grilled sourdough.
... **G,E,D,M**

POM LIONHEART - €14

Two free range poached eggs, Bresnan's sausage, smoked bacon, Hanley's pudding, sliced potato & cherry tomato with sourdough toast.
... **G,E,D,SB,SD**

BREAKFAST CONT'D**BLACK PUDDING & POTATO ROSTI €14.50**

Hanley's Black Pudding & Potato Rosti topped with red onion jam, Ardsallagh feta cheese, East Ferry poached eggs & hollandaise, served with dressed greens & grilled sourdough.
... **G,E,D,M,SB**

VEGETARIAN HASH - €14

Rustic smashed potatoes, Feta cheese, spinach, cherry tomato, caramelised onion, poached eggs, hollandaise & sourdough.
... **G,E,D,M**

GER COLLINS HASH - €14

Rustic smashed potatoes, chorizo, cherry tomato, caramelised onion, poached eggs, hollandaise & sourdough.
... **G,E,D,M**

BALLYCOTTON - €15.50

Pan fried chilli & garlic prawns with grilled asparagus, smoked pancetta, citrus avocado smash & poached eggs on grilled sourdough with hollandaise.
... **F,D,G,M,E**

SIDES & EXTRAS

House Fries €4 (G,SB, E)

Rustic Smashed Potato €4

Avocado Smash € 3.50

Smoked Salmon €4 (F)

Sautéed Wild Mushrooms €4 (D)

House Salad €4.50 (M,SD)

Grilled Asparagus, Parmesan & Balsamic €4 (D)

Honey-Baked Ham €4 (M)

Hanley's Black Pudding €3 (G,SB,SD)

Warm Diced Chorizo €3.50

Bresnan's Bacon €3.50

Bresnan's Sausage €3.50 (SD)

Sourdough Toast (G,E,D) - €2.50

Extra Egg €1.25 (E)

Maple Syrup €1.50

Hollandaise €1.25 (E,D)

Gluten Free Bread €1 Supplement

SALADS**GRILLED CHICKEN SALAD - €14**

Grilled Chicken Breast, avocado and corn salad, cherry tomatoes over baby crispy baby gem with a creamy tarragon dressing.
... **D,SD,E**

SEASONAL SALAD SPECIAL €14

We like to change things up according to what's in season - Ask us what's on!

12 TABLES

HERE AT 12 TABLES WE PLACE GREAT IMPORTANCE ON THE PROVENANCE OF OUR INGREDIENTS AND WE DO OUR UTMOST TO SUPPORT LOCAL FAMILY SUPPLIERS.

BRESNAN'S BUTCHERS / EAST FERRY FARM / BADGER & DODO / CORK ROOFTOP FARM / GOOD FISH / HORIZON FARM / MEALAGULLA APPLE JUICE / RYAN'S BAKERY / MCCARTHY'S BUTCHER

SWEETS

House Scone with Butter, Fresh Cream & Jam €3.25

... **G,E,D**

Double Chocolate Brownie (G,E,D) with Fresh Cream €4

... **Add Ice Cream - €1.50**

Gluten Free Rocky Road - €4

... **N,D**

SANDWICHES ETC.....**THE TINNY SHED CLUB - €13.50**

Chicken, bacon, avocado, tomato, lettuce & mayo on grilled sourdough. With house fries.
... **G,E,D,SB**

THE FINGERPOST - € 13.50

Honey-baked ham, mature cheddar, pickle, red onion jam & mayo on grilled sourdough. With house fries.
... **G,E,D,M,SB,SD**

12 TABLES BURGERS.....**THE MICK-O BURGER €16**

McCarthy's 8oz Prime Beef Burger, mature cheddar, tomato, pickle, red onion jam, garlic aioli & ketchup in a brioche bun served with house fries.
... **G,D,E,SB**

ADD BACON €1.50

THE SINGLETON - €16.50

McCarthy's 8oz Prime Beef Burger, Creamy Ardsallagh feta, avocado, mixed greens, mature cheddar, tomato, spring onion & aioli on a brioche bun with house fries.
... **G,D,E,SB**

THE RED EARL BURGER - € 17

McCarthy's 8oz Prime Beef Burger, Bacon & Red Earl Whiskey jam, mature cheddar, jalapenos, tomato, baby gem, garlic aioli on a brioche bun & house fries.
... **G,D,E,SB,SD**

MAKE YOUR BURGER A DOUBLE €2

BIG RON - €16.50

Grilled Irish Chicken Breast, bacon, avocado, cheddar cheese, tomato, corn salsa and tarragon aioli on a brioche bun. Served with house fries.
... **G,D,E,SB**

CRISPY CHICKPEA BURGER - €15

Crispy Chickpea Burger with avocado smash, tomato, mixed greens & sriracha mayo on a brioche bun with house fries.
... **V, G, D, E, SB**

*Gluten Free Bun Available €1 (SS)

DUE TO THE SMALL SIZE OF OUR KITCHEN, PLEASE ADVISE US OF ANY FOOD ALLERGENS SO WE CAN INFORM OUR CHEFS ACCORDINGLY!

KIDS MENU**EGGS & TOAST - €6**

Two poached, free range eggs & sourdough toast.
... **G,E,D**

JR LIONHEART- €7

Poached free range egg, sausage OR bacon & sourdough toast.
... **G,E,D,SB,SD**

SAUSAGE & CHIPS - €7

Two Bresnan's sausages with house fries.
... **G,D,SB,SD**

PANCAKES €6.50

Crepe Style Pancakes with Nutella & fresh Berries.
... **G,E,D,N**

CHEESEBURGER €7

Single Patty Cheeseburger & house fries.
... **G,D,E,SB**

CHICKEN GOUJONS €7

Breaded Irish chicken goujons & house fries.
... **G,E,SB**

DRINKS

Americano €3.20 Espresso €2.90

Barry's Tea €2.50 Milk €2

Latté €3.75 Flat White €3.50

Cappuccino €3.75 Macchiato €3

Extra Shot € 0.50 Mocha €4.25

Tea Pigs Herbal Tea €3.50

Chai Latté - €4.50

Van Houten Hot Chocolate €4

... **Kids €2.95**

Add Vanilla or Caramel €1

Alternative Milk - € .30

Fresh Squeezed Orange Juice €3.50

Mealagulla Apple Juice €3.50

Coke / Coke Zero / 7-up/ Club Orange €2.50

San Pellegrino Orange OR Limonada €3

San Pellegrino Sparkling Water

500ml/€3.65 750ml/€4.85

Acqua Panna Still Water 750ml/ €3.85

*** BEER, CIDER, WINE & BUBBLES AVAILABLE, DON'T BE SHY, ASK FOR THE MENU ***