

BREAKFAST.....SERVED ALL DAY**GRANOLA BOWL €9**

Greek Yoghurt, Granola, Fresh Fruit, Toasted Coconut, Honey & Seeds. Go Vegan with Oat or Coconut Milk.
... **ADD PEANUT BUTTER €1**
... **G, D, N**

BUTTERMILK PANCAKES €15.50

SERVED UNTIL THE BATTER RUNS OUT! Blueberry pancakes with lemon crème fraîche, fresh berries, almond essence, maple syrup & toasted almond flakes.
... **G,D,N,E,V**

BREAKFAST BAP €11

Bresnan's bacon, sausage, free range egg, potato slice, house relish & cheese.
... **G,D,E,SB**

EGGS BENEDICT €15.50

Poached free range eggs, honey-baked ham, house hollandaise, grilled sourdough.
... **G,E,D,M,SD**

SIR HENRY €12.50

Poached free range eggs, avocado smash, on a grilled English muffin with cherry tomato, dressed greens and spinach pesto. **G,D,E,M,SD**
... **Add Smoked Salmon €3.95**
Honey Baked-Ham €3.50

EGGS ROYALE €16.50

Poached eggs, smoked salmon & asparagus on a grilled English muffin with hollandaise & dressed greens.
... **G,D,E,M,F,SD**

WILD MUSHROOMS & POACHED EGGS €15.50

Wild mushrooms in parmesan cream, over grilled sourdough topped with free range poached eggs and hollandaise.
... **G,D,E, SD,V**

POACHED EGGS & TOAST €9.50

Two free range eggs, cherry tomatoes, dressed mixed greens with pickled cucumber, onion & grilled sourdough.
... **G,E,D,M,SD**

POM LIONHEART €15.50

Two free range poached eggs, Bresnan's sausage, smoked bacon, Hanley's pudding, sliced potato & cherry tomato with sourdough toast.
... **G,E,D,SB,SD**

VEGGIE POM €15.50

Sautéed wild mushrooms, asparagus, smashed avocado, potato slices, sourdough bread. With seasonal dressed greens, house pickled cucumber & onions.
... **G, M, V, VGO**

BREAKFAST CONT'D**BLACK PUDDING & POTATO ROSTI €17**

Hanley's Black Pudding & Potato Rosti topped with red onion jam, Ardsallagh feta cheese, East Ferry poached eggs & hollandaise, served with dressed greens & grilled sourdough.
... **G,E,D,M,SB,SD**

VEGETARIAN HASH €15.50

Rustic smashed potatoes, Feta cheese, spinach, cherry tomato, caramelised onion, poached eggs, hollandaise & sourdough.
... **G,E,D,M,SD,V,VGO**

GER COLLINS HASH €16

Rustic smashed potatoes, chorizo, cherry tomato, caramelised onion, poached eggs, hollandaise & sourdough.
... **G,E,D,M,SD**

12 TABLES OMELETTE €15 (SERVED UNTIL 12:30)

Choice of 3: cheese, onion, tomato, spinach, mushrooms, ham, chorizo. With dressed greens and grilled sourdough. Extras €1.25 each.
... **G,D,E,M**

BALLYCOTTON €18

Pan fried chilli & garlic prawns with grilled asparagus, smoked pancetta, citrus avocado smash, cherry tomatoes & poached eggs on grilled sourdough with hollandaise.
... **F,D,G,M,E,SD**

SIDES & EXTRAS

Tater Tots & Garlic Aioli €5.50 (D,SB,G)

House Fries €4.50 (G,SB,E)

Rustic Smashed Potato €5

Avocado Smash €4

Smoked Salmon €5 (F)

Ardsallagh Feta or Goat €4 (D)

Sautéed Wild Mushrooms €5 (D)

Warm Diced Chorizo €3.50

House Salad €5 (M,SD)

Grilled Asparagus, Parmesan, Balsamic & Hollandaise €5 (D,E,SD)

Honey-Baked Ham €4 (M)

Hanley's Black Pudding €3.50 (G,SB,SD)

Bresnan's Bacon €4

Bresnan's Sausage €4 (SD)

Grilled Sourdough Toast (G,D) - €3

Extra Egg €1.25 (E)

House Relish €1.50 (SD)

Maple Syrup €1.50

Hollandaise €1.50 (E,D,SD)

Gluten Free Bread Supplement €1.50

SALADS**GRILLED CHICKEN SALAD €17**

Grilled Chicken Breast, bacon, avocado and corn salad, cherry tomatoes over crispy baby gem with a creamy tarragon dressing.
... **D,SD,E**

GOATS CHEESE & PEAR SALAD €16

Ardsallagh Goats Cheese, Pears, Candied Walnuts, Cherry Tomatoes, Herbed Croutons & Mixed Greens with Maple & Balsamic Dressing.
... **D, G, M, SD, N**

12 TABLES

HERE AT 12 TABLES WE PLACE GREAT IMPORTANCE ON THE PROVENANCE OF OUR INGREDIENTS AND WE DO OUR UTMOST TO SUPPORT LOCAL FAMILY SUPPLIERS.

BRESNAN'S BUTCHERS / EAST FERRY FARM / BADGER & DODO / CORK ROOFTOP FARM / GOOD FISH / HORIZON FARM / MEALAGULLA APPLE JUICE/ RYAN'S BAKERY / MCCARTHY'S BUTCHER

DESSERT MENU AVAILABLE

* DUE TO THE SMALL SIZE OF OUR KITCHEN, PLEASE ADVISE US OF ANY FOOD ALLERGENS SO WE CAN INFORM OUR CHEFS ACCORDINGLY!

* All beef is of Irish origin.

SANDWICHES ETC.....**THE TINNY SHED CLUB €16**

Chicken, bacon, avocado, tomato, lettuce & mayo on grilled sourdough. With house fries.
... **G,E,D,SB**

THE FINGERPOST €16

Honey-baked ham, mature cheddar, pickle, red onion jam & mayo on grilled sourdough. With house fries.
... **G,E,D,M,SB,SD**

OPEN STEAK SANDWICH €19.95

On grilled sourdough with sautéed wild mushrooms, red onion jam, spinach pesto, balsamic reduction, grated Parmesan, House Fries & Hollandaise.
... **D, G, E, SD, SB**

THE MANGALA €16

Roasted vegetables, Ardsallagh goats cheese, basil & sundried tomato pesto and baby gem lettuce on toasted sourdough with smashed potato.
... **G, D, M, V, VGO**

12 TABLES BURGERS.....**THE MICK-O €18**

McCarthy's 8oz Prime Beef Burger, mature cheddar, tomato, pickle, red onion jam, garlic aioli & ketchup in a brioche bun served with house fries.
... **G,D,E,SB**

ADD BACON €1.50

G. O. A. T. BURGER €18.50

McCarthy's 8oz Prime Beef Burger, melted Ardsallagh Goats Cheese, caramelised onion, roasted red pepper, shredded iceberg, herbed mayo on a brioche bun with house fries.
... **G,D,SB,SD,E**

THE SINGLETON €18.50

McCarthy's 8oz Prime Beef Burger, Creamy Ardsallagh feta, avocado, mixed greens, mature cheddar, tomato, spring onion & aioli on a brioche bun with house fries.
... **G,D,E,SB**

MAKE YOUR BURGER A DOUBLE €2.50**BIG RON €18.50**

Grilled Irish Chicken Breast, bacon, avocado, cheddar cheese, tomato, corn salsa and tarragon aioli on a brioche bun. Served with house fries.
... **G,D,E,SB**

12 TABLES VEGGIE BURGER €18.50

Cauliflower & Quinoa Burger with avocado smash, shredded crispy iceberg, sliced tomato, red onion jam & vegan chilli aioli. On a Vegan Brioche bun & served with smashed potato.
... **SD,SB, G, V, VGO**

KIDS MENU**PANCAKES €7.50**

Crepe Style Pancakes with Nutella & fresh Berries.
... **G,E,D,N**

JR LIONHEART €8.50

Poached free range egg, sausage OR bacon & grilled sourdough toast.
... **G,E,D,SB,SD**

SAUSAGE & CHIPS €7

Two Bresnan's sausages with house fries.
... **G,D,SB,SD**

CHICKEN GOUJONS €8.50

Breaded Irish chicken goujons & house fries.
... **G,E,SB**

CHEESEBURGER €8.50

Single Patty Cheeseburger & house fries.
... **G,D,E,SB**

CHICKEN BURGER €8.50

Grilled Irish chicken breast & melted cheddar on a brioche bun with house fries.
... **G,D,SB**

DRINKS

Americano €3.20	Espresso €2.90
Barry's Tea €3.	Milk €2
Latté €3.75	Flat White €3.50
Cappuccino €3.75	Macchiato €3
Extra Shot € 0.50	Mocha €4.25
Tea Pigs Herbal Tea €3.50	
Chai Latté - €4.50	
Dirty Chai €5	
Hot Chocolate €4 / Kids €3.25	
Add Salted Caramel or Vanilla €1	
Iced Coffee +€3.30	
Oat or Coconut Milk - € .50	
Fresh Squeezed Orange Juice €3.50	
Apple Juice €3.50	
Coke / Coke Zero / 7-up/ Club Orange €2.50	
San Pellegrino Orange OR Limonada €3	
San Pellegrino Sparkling Water 500ml/€4 750ml/€4.95	
Acqua Panna Still Water 750ml/ €4	

*** WINE, BEER, CIDER & BUBBLES AVAILABLE, DON'T BE SHY, ASK FOR THE MENU ***