

BREAKFAST..... SERVED TIL 12!

★**BREAKFAST TACOS €18.50**
Free-range scrambled eggs, O'Flynn's breakfast sausage, bacon, avocado, tomato salsa, crispy onion & crème fraîche. In soft, flour tortillas with crispy tortilla chips.
... **E, G, D, SB**

BUTTERMILK PANCAKES €17.50
Blueberry pancakes with lemon crème fraîche, fresh berries, almond essence, maple syrup & toasted almond flakes.
... **G, D, N-Almond, E, V**

★**GER COLLINS HASH €18**
Rustic smashed potatoes, chorizo, cherry tomato, caramelised onion, poached eggs, spring onion, hollandaise & grilled sourdough.
... **G, E, D, M, SD**

VEGETARIAN HASH €17.50
Rustic smashed potatoes, feta cheese, spinach, cherry tomato, caramelised onion, poached eggs, hollandaise & grilled sourdough.
... **G, E, D, M, SD, V, VGO**

WILD MUSHROOMS & POACHED EGGS €17.50
Wild mushrooms in parmesan cream, over grilled sourdough topped with poached eggs and hollandaise.
... **G, D, E, SD, V**

12 TABLES OMELETTE €17.50
Choice of 3: cheese, onion, tomato, spinach, mushrooms, ham, chorizo. With dressed greens and grilled sourdough. Extras €1.25 each.
... **G, D, E, M, SD**

SIR HENRY €13.50
Two poached eggs & avocado smash on a grilled English muffin with cherry tomato, dressed greens and spinach pesto....G, D, E, M, SD
... **Add Smoked Salmon 3.95**
Honey Baked-Ham €3.50

★**BREAKFAST BAP €12.50**
O'Flynn's sausage, bacon, poached egg, potato slices, house relish & mature cheddar cheese in a brioche bun.
... **Add House Fries €5/ Tater Tots & Aioli €6**
G, D, E, SB

POACHED EGGS & TOAST €10.50
Two poached eggs, cherry tomatoes, dressed mixed greens with house pickled cucumber & onion. Served with grilled sourdough.
... **G, E, D, M, SD**

GRANOLA BOWL €12
Greek style yoghurt, granola, fresh fruit, toasted coconut, honey & mixed seeds. Go vegan with oat or coconut milk.
... **ADD PEANUT BUTTER €1.50**
G, D, N-Almond/Peanut

BRUNCH - SERVED ALL DAY

★**BLACK PUDDING & POTATO ROSTI €19**
Hanley's black pudding & potato rosti topped with red onion jam, feta cheese, poached eggs & hollandaise, served with dressed greens & grilled sourdough.
... **G, E, D, M, SB, SD**

★**BALLYCOTTON €19.50**
Pan fried chilli & garlic prawns with grilled asparagus, smoked bacon, citrus avocado smash, cherry tomatoes & poached eggs on grilled sourdough with hollandaise.
... **D, CR, G, M, E, SD**

★**KINGS STEAK & EGG €22.50**
McCarthy's 6oz Sirloin, fried egg, sautéed wild mushrooms & onions and rosemary fried potatoes. Served with side salad, confit tomato, hollandaise & grilled sourdough.
... **ADD EXTRA EGG €2**
D, G, M, SD, E

★**EGGS BENEDICT €17**
Free-range poached eggs, honey-baked ham (slow cooked & pulled), hollandaise with grilled sourdough.
... **G, E, D, M, SD**

HUEVOS VERDES €16.50
Two poached eggs with avocado smash, salsa verde, mixed seeds, tomato salsa & house pickled red onion. Served on crispy grilled sourdough with dressed greens and pickled cucumber.
... **E, G, M, SD, S**
Add Feta OR Goat Cheese €4
Add Warm Diced Chorizo €4

EGGS ROYALE €17.50
Two poached eggs, smoked salmon & asparagus on a grilled English muffin with hollandaise & dressed greens.
... **G, D, E, M, F, SD**

POM LIONHEART €18
Two poached eggs, O'Flynn's sausage, smoked bacon, Hanley's pudding, sliced potato & cherry tomato with grilled sourdough.
... **G, E, D, SB, SD**

VEGGIE POM €18
Sautéed wild mushrooms, asparagus, smashed avocado, potato slices, confit cherry tomatoes, sourdough bread. With dressed greens, house pickled cucumber & onions.
... **Add Egg €2 G, M, V, VGO**

★**HUEVOS ROSA €17.50**
Two poached eggs on grilled sourdough with roasted beetroot crema, smashed avocado, crumbled feta, pomegranate seeds, basil pesto and balsamic reduction.
... **G, D, E, SD, N**

SALADS

GRILLED CHICKEN SALAD €19
Grilled chicken breast, bacon, avocado and corn salad, cherry tomatoes over crispy baby gem with a creamy tarragon dressing.
... **Add Corn Salsa €1.50**
D, SD, E

GOATS CHEESE & PEAR SALAD €17
Goats cheese, pears, candied walnuts, cherry tomatoes, herbed croutons & mixed greens with maple & balsamic dressing.
... **D, G, M, SD, N-Walnut**

★**MEDITERRANEAN STEAK SALAD €22**
McCarthy's 6oz sirloin with crispy rosemary potatoes, confit cherry tomatoes, dressed greens, shaved parmesan with olives & capers.
... **G, SB, SD, M**

SIDES & EXTRAS

Tater Tots & Garlic Aioli €6 (D,SB,E,G)
House Fries €5 (G,SB)
Rustic Smash Potato with Garlic, Chili & Tomato €5
Avocado Smash €4
Smoked Salmon €5 (F)
Feta or Goat Cheese €4 (D)
Grilled Asparagus, Parmesan, Balsamic & Hollandaise €5 (D,E,SD)
Sautéed Wild Mushrooms €5 (D)
Honey-Baked Ham €5 (M)
O'Flynn's Sausages €4.50 (G,SD)
12 Tables Bacon €4
Warm Diced Chorizo €4
Hanley's Black Pudding €3.50 (G,SB,SD)
House Salad €5 (M,SD)
Hollandaise €2 (E,D,SD)
Maple Syrup €2
House Relish €1.50 (SD)
Extra Egg €2 (E)
Grilled Sourdough Toast (G,D) - €3.50
Gluten Free Bread Supplement €1.50

12
TABLES

★CROWD FAVOURITES★

OUR HOLLANDAISE IS MADE IN HOUSE, DAILY

OUR EGGS ARE FREE-RANGE FROM EAST FERRY FARM

** PLEASE NOTE DURING BUSY TIMES, SUBSTITUTIONS MIGHT NOT BE POSSIBLE **

SANDWICHES

★**THE TINNY SHED CLUB €18**
Chicken, bacon, avocado, tomato, lettuce & mayo on grilled sourdough. Served with house fries.
... **Add Corn Salsa €1.50**
G, E, D, SB

THE FINGERPOST €18
Honey-baked ham (slow cooked & pulled), mature cheddar, pickle, red onion jam & mayo on grilled sourdough. Served with house fries.
... **G, E, D, M, SB, SD**

OPEN STEAK SANDWICH €22
On grilled sourdough with sautéed wild mushrooms, red onion jam, spinach pesto, balsamic reduction, grated parmesan, house fries & hollandaise.
... **D, G, E, SD, SB**

THE MANGALA FLATBREAD €18
Roasted vegetables, Ardsallagh goats cheese, asparagus, basil pesto, confit tomato & reduced balsamic glaze on a grilled flatbread with house fries.
... **N-Pine/Cashew nuts, G, D, M, SB, SD**

SMASH BURGERS

THE REBEL SMASH €22
Two 4oz Bresnan's beef patties, smoked bacon, mature cheddar, fresh & crispy onions, tomato relish, baby gem & garlic aioli. Served with house fries.
... **(G, D, SB, E, SD)**

THE MICK-O €20.50
Two 4oz Bresnan's beef patties, mature cheddar, tomato, pickle, red onion jam, baby gem, garlic aioli & ketchup in a brioche bun. Served with house fries.
... **G, D, E, SB**
ADD BACON €2

THE G. O. A. T. €21
Two 4oz Bresnan's beef patties, melted Ardsallagh goats cheese, caramelised onion, roasted red pepper, baby gem, herbed mayo on a brioche bun. Served with house fries.
... **G, D, SB, SD, E**

★**BIG RON €21**
Grilled chicken breast, bacon, avocado, cheddar cheese, tomato, corn salsa, baby gem and tarragon aioli on a brioche bun. Served with house fries.
... **G, D, E, SB**

ADD A BEEF PATTY OR CHICKEN BREAST! €3

12 TABLES VEGGIE BURGER €19.50
Cauliflower & quinoa burger with avocado smash, shredded crispy iceberg, sliced tomato, red onion jam & vegan chilli aioli. On a Vegan bun & served with smashed potato.
... **SD, SB, G, V, VGO**

KIDS MENU (12 & UNDER)

PANCAKES €7.50
Crepe style pancakes with Nutella sauce & fresh berries.
... **G, E, D, N**

JR LIONHEART €8.50
Poached free-range egg, sausage OR bacon & grilled sourdough toast.
... **G, E, D, SB, SD**

SAUSAGE & CHIPS €9
Two O'Flynn's sausages with house fries.
... **G, D, SB, SD**

CHICKEN GOUJONS €9
Breaded Irish chicken goujons with house fries.
... **G, E, SB**

CHEESEBURGER €10
Bresnan's 4oz single patty cheeseburger with house fries.
... **G, D, E, SB**

CHICKEN BURGER €10
Grilled Irish chicken breast & melted cheddar on a brioche bun with house fries.
... **G, D, SB**

DRINKS

Americano €4	Espresso €3.25
Barry's Tea €4	Milk €4
Latte €4.25	Flat White €4
Cappuccino €4.25	Macchiato €3.25
Extra Shot €0.50	Mocha €4.50
Tea Pigs Herbal Tea €4	
Matcha Latté €4.75	
Chai Latté €5	
Dirty Chai €5.50	
Hot Chocolate €5 / Kids €4	
Add Salted Caramel or Vanilla €0.50	
Iced Coffee €0.30	
Oat or Coconut Milk €0.50	
Boiled Water & Lemon €1.50	
Fresh Squeezed Orange Juice €4	
Mealagulla Apple Juice €4	
Coke / Coke Zero / 7up/ Club Orange €3	
San Pellegrino Orange or Limonata €3.50	
San Pellegrino Sparkling Water 750ml/€5	
Acqua Panna Still Water 750ml/€4.50	

*** WINE, BEER, CIDER & BUBBLES AVAILABLE, DON'T BE SHY, ASK FOR THE MENU ***