BREAKFAST..... SERVED TIL 12!

12 TABLES OMELETTE €16

Choice of 3: cheese, onion, tomato, spinach, mushrooms, ham, chorizo. With dressed greens and grilled sourdough. Extras €1.25 each. ... G,D,E,M,SD

BREAKFAST BAP €11

O'Flynn's sausage, bacon, free range egg, potato slices, house relish & cheese

... Add House Fries €4.50 / Tater Tots & Aioli €5.50 G,D,E,SB

SIR HENRY €12.50 Poached free range eggs, avocado smash, on a grilled English muffin with cherry tomato, dressed greens and spinach pesto. G,D,E,M,SD ... Add Smoked Salmon€3.95 Honey Baked-Ham €3.50

POACHED EGGS & TOAST €10 Two free range eggs, cherry tomatoes, dressed mixed greens with house pickled cucumber & onion. Served with grilled sourdough. ... G.E.D.M.SD

GRANOLA BOWL €10 Greek Yoghurt, Granola, Fresh Fruit, Toasted Coconut, Honey & Mixed Seeds. Go Vegan with Oat or Coconut Milk.

... ADD PEANUT BUTTER €1 G. D. N-Almond/Peanut

SIDES & EXTRAS

Tater Tots & Garlic Aioli €5.50 (D,SB,G) House Fries €4.50 (G.SB.E) Rustic Smashed Potato €5 Avocado Smash €4 Smoked Salmon €5 (F) Ardsallagh Feta or Goat Cheese €4 (D) Grilled Asparagus, Parmesan, Balsamic & Hollandaise €5 (D,E,SD) Sautéed Wild Mushrooms €5 (D) Honey-Baked Ham €4 (M) Warm Diced Chorizo €3.50 12 Tables Bacon €4 House Relish €1.50 (SD) Gluten Free Bread Supplement €1.50 O'Flynns Sausages €4 (G,SD) Hollandaise €1.50 (E,D,SD) Maple Syrup €1.50 Extra Egg €1.50 (E) Grilled Sourdough Toast (G,D) - €3 Hanley's Black Pudding €3.50 (G,SB,SD) House Salad €5 (M,SD)

BRUNCH - SERVED ALL DAY

★ BLACK PUDDING & POTATO ROSTI €17 Hanley's Black Pudding & Potato Rosti

topped with red onion jam, Ardsallagh feta cheese, East Ferry poached eggs & hollandaise, served with dressed greens & grilled sourdough. ... G,E,D,M,SB,SD

★ BALLYCOTTON €18

Pan fried chilli & garlic prawns with grilled asparagus, smoked pancetta, citrus avocado smash, cherry tomatoes & poached eggs on grilled sourdough with hollandaise. ... D,CR,G,M,E,SD

★ KINGS STEAK & EGG €19.95 McCarthy's 6oz Sirloin, fried egg, sautéed wild mushrooms & fried potato. Served with side salad, confit tomato, hollandaise & grilled sourdough.

... D, G, M, SD, E

★ BREAKFAST TACOS €17

Freerange scrambled eggs, O'Flynn's breakfast sausage, bacon, avocado, tomato salsa & créme fraiche. Served in soft, flour tortillas with crispy tortilla chips.

... Ē, G, D, SB

★ EGGS BENEDICT €16 Poached free range eggs, honey-baked ham (slow cooked & pulled), house hollandaise with grilled sourdough. ... G,E,D,M,SD

GER COLLINS HASH €16

Rustic smashed potatoes, chorizo, cherry tomato, caramelised onion, poached eggs, hollandaise & sourdough. ... G.E.D.M.SD

VEGETARIAN HASH €15.50 Rustic smashed potatoes, Feta cheese, spinach, cherry tomato, caramelised onion, poached eggs, hollandaise & sourdough. ... G,E,D,M,SD,V,VGO

POM LIONHEART €16.50 Two free range poached eggs, Bresnan's sausage, smoked bacon, Hanley's pudding, sliced potato & cherry tomato with sourdough toast. ... G,E,D,SB,SD

VEGGIE POM €16.50

Sautéed wild mushrooms, asparagus, smashed avocado, potato slices, sourdough bread. With seasonal dressed greens, house pickled cucumber & onions. ... G. M. V. VGO

BRUNCH - CONT"D

WILD MUSHROOMS & POACHED EGGS €16.50

Wild mushrooms in parmesan cream, over grilled sourdough topped with free range poached eggs and hollandaise. ... G,D,E, SD,V

EGGS ROYALE €16.50 Poached eggs, smoked salmon &

asparagus on a grilled English muffin with hollandaise & dressed greens. ... G,D,E,M,F,SD

BUTTERMILK PANCAKES €16 SERVED UNTIL THE BATTER RUNS OUT! Blueberry pancakes with lemon crème fraìche, fresh berries, almond essence, maple syrup & toasted almond flakes.

... G, D, N-Almond, E, V

SALADS

GRILLED CHICKEN SALAD €17 Grilled Chicken Breast, bacon, avocado and corn salad, cherry tomatoes over crispy baby gem with a creamy tarragon dressing. ... D.SD.E

GOATS CHEESE & PEAR SALAD €16

Ardsallagh Goats Cheese, Pears, Candied Walnuts, Cherry Tomatoes, Herbed Croutons & Mixed Greens with Maple & Balsamic Dressing. ... D, G, M, SD, N-Walnut

MEDITERRANEAN STEAK SALAD €19.95

McCarthy's 6oz Sirloin with crispy rosemary potatoes, confit cherry tomatoes, dressed greens, shaved parmesan with olives & capers. ... G,SB,SD,M



TABLES

Here at 12 Tables we place great importance on the provenance of our ingredients and we do our utmost to support local suppliers. East Ferry Farm, Badger & Dodo, Mealagulla Orchard, O'Flynn's, McCarthy's, O'Connells Fish, Ryan's Bakery,

SANDWICHES

THE TINNY SHED CLUB €16 Chicken, bacon, avocado, tomato. lettuce & mayo on grilled sourdough. With house fries. ... G,E,D,SB

THE FINGERPOST € 16

Honey-baked ham, mature cheddar, pickle, red onion jam & mayo on grilled sourdough. With house fries. ... G,E,D,M,SB,SD

OPEN STEAK SANDWICH €19.95

On grilled sourdough with sautéed wild mushrooms, red onion jam, spinach pesto, balsamic reduction, grated Parmesan, House Fries & Hollandaise. ... D, G, E, SD, SB

THE MANGALA €16

Roasted vegetables, Ardsallagh goats cheese, basil & sundried tomato pesto and baby gem lettuce on toasted sourdough with smashed potato. ... G, D, M, V, VGO

12 TABLES BURGERS

★ THE DOUBLE SMASH €19

A Double Smashed Burger, Smoked Bacon, Mature Cheddar, Fresh & Crispy Onions, Tomato Relish, Shredded Iceberg & Garlic Aioli. Served with House Fries. ... (G, D, SB, E, SD)

THE MICK-O €19

McCarthy's 8oz Prime Beef Burger, mature cheddar, tomato, pickle, red onion jam, garlic aioli & ketchup in a brioche bun served with house fries. ... G,D,E,SB

ADD BACON €1.50

G. O. A. T. BURGER €19.50

McCarthy's 8oz Prime Beef Burger, melted Ardsallagh Goats Cheese, caramelised onion, roasted red pepper, shredded iceberg, herbed mayo on a brioche bun with house fries. ... G,D,SB,SD,E

MAKE YOUR BURGER A DOUBLE

★ BIG RON €19

Grilled Irish Chicken Breast, bacon, avocado, cheddar cheese, tomato, corn salsa and tarragon aioli on a brioche bun. Served with house fries. G.D.E.SB

12 TABLES VEGGIE BURGER €18.50 Cauliflower & Quinoa Burger with avocado smash, shredded crispy iceberg, sliced tomato, red onion jam & vegan chilli aioli. On a Vegan bun & served with smashed potato. ... SD,SB, G, V, VGO

PLEASE NOTE THAT AT BUSY TIMES SUBSTITUTIONS MIGHT NOT BE POSSIBLE.

ALLERGENS - GLUTEN (G), DAIRY (D), EGGS (E), MUSTARD (M), NUTS (N), SOYBEANS (SB), SULFUR DIOXIDE (SD), SESAME (S), FISH (F), CRUSTACEANS CR, PEANUTS (P), CELERY (C), VEGETARIAN(V), VEGAN OPTION (VGO), EDETATE DISODIUM (EDTA) * DUE TO THE SMALL SIZE OF OUR KITCHEN, PLEASE ADVISE US OF ANY FOOD ALLERGENS SO WE CAN INFORM OUR CHEFS ACCORDINGLY. OUR BEEF IS 100% IRISH *

KIDS MENU (12 & UNDER)

PANCAKES €7.50 Crepe Style Pancakes with Nutella & fresh Berries. G.E.D.N

JR LIONHEART €8.50 Poached free range egg, sausage OR bacon & grilled sourdough toast. ... G,E,D,SB,SD

SAUSAGE & CHIPS €8 Two Bresnan's sausages with house fries. ... G,D,SB,SD

CHICKEN GOUJONS €8.50 Breaded Irish chicken goujons & house fries. G,E,SB

CHEESEBURGER €8.50 Single Patty Cheeseburger & house fries. ... G,D,E,SB

CHICKEN BURGER €9 Grilled Irish chicken breast & melted cheddar on a brioche bun with house fries. ... G,D,SB

DRINKS

Americano €3.50 Espresso €3 Barry's Tea €3.50 Milk €3 Latté €3.95 Flat White €3.50 Cappuccino €3.95 Macchiato €3.25 Extra Shot € 0.50 Mocha €4.50 Tea Pigs Herbal Tea €4 Chai Latté - €4.50 Dirty Chai €5 Hot Chocolate €4.50 / Kids €3.50 Add Salted Caramel or Vanilla €0.50 Iced Coffee +€.30

Oat or Coconut Milk - € 0.50

Fresh Squeezed Orange Juice €3.75 Apple Juice €3.75 Coke / Coke Zero / 7-up/ Club Orange €2.50 San Pellegrino Orange OR Limonada €3 San Pellegrino Sparkling Water 750ml/€4.95 Acqua Panna Still Water 750ml/ €4

*** WINE, BEER, CIDER & BUBBLES AVAILABLE, DON'T BE SHY, ASK FOR THE MENU ***