

BREAKFAST.....SERVED ALL DAY

FRUIT PARFAIT - €6.50
Yoghurt, coconut, granola & fresh fruit.
... **G,D,N**

BUTTERMILK PANCAKES €12.50
SERVED UNTIL 12 OR THE BATTER
RUNS OUT! Blueberry pancakes with
lemon crème fraîche, fresh raspberries,
almond essence, maple syrup & toasted
almond flakes.
... **G,D,N,E,V**

BREAKFAST BAP €10
Bresnan's bacon, sausage, free range
egg, potato slice, house relish & cheese.
... **G,D,E,SB**

TWO EGG OMELETTE - €12
Choice of 3: cheese, onion, tomato,
spinach, mushrooms, ham, chorizo.
With grilled sourdough. Extras €1.25
each.
... **G,D,E,M**

SIR HENRY - €10.50
Poached free range eggs, avocado
smash, on a grilled English muffin
with dressed greens, cherry tomatoes
and basil pesto. **G,D,E,M**
... **Add Smoked Salmon €3.95**
Honey Baked-Ham €3.50

EGGS ROYALE - €13.50
Poached eggs, smoked salmon &
asparagus on a grilled muffin with
hollandaise.
... **G,D,E,M,F**

POACHED EGGS & TOAST - €8.50
Two free range eggs, confit cherry
tomatoes, dressed mixed greens &
grilled sourdough.
... **G,E,D,M**

**WILD MUSHROOMS & POACHED
EGGS €13**
Wild mushrooms in parmesan cream,
over grilled sourdough topped with
free range poached eggs and
hollandaise.
... **G,D,E**

EGGS BENEDICT - €13
Poached free range eggs, honey-baked
ham, house hollandaise, grilled
sourdough.
... **G,E,D,M**

POM LIONHEART - €13.50
Two free range poached eggs,
Bresnan's sausage, smoked bacon,
Hanley's pudding, sliced potato &
cherry tomato with sourdough toast.
... **G,E,D,SB,SD**

BREAKFAST CONT'D

**BLACK PUDDING & POTATO ROSTI
€14.50**
Hanley's Black Pudding & Potato Rosti
topped with red onion jam, Ardsallagh
feta cheese, East Ferry poached eggs &
hollandaise, served with dressed
greens & grilled sourdough.
... **G,E,D,M,SB**

VEGETARIAN HASH - €14
Rustic smashed potatoes, Feta cheese,
spinach, cherry tomato, caramelised
onion, poached eggs, hollandaise &
sourdough.
... **G,E,D,M**

GER COLLINS HASH - €14
Rustic smashed potatoes, chorizo,
cherry tomato, caramelised onion,
poached eggs, hollandaise &
sourdough.
... **G,E,D,M**

SIDES & EXTRAS

House Fries €4 (G,SB, E)

Rustic Smashed Potato €4

Avocado Smash € 3.50

Smoked Salmon €3.95 (F)

Sautéed Wild Mushrooms €4 (D)

House Salad €4.50 (M,SD)

Grilled Asparagus, Parmesan &
Balsamic €3.95 (D)

Honey-Baked Ham €4 (M)

Hanley's Black Pudding €3 (G,SB,SD)

Warm Diced Chorizo €3.50

Bresnan's Bacon €3.50

Bresnan's Sausage €3.50 (SD)

Sourdough Toast (G,E,D) - €2.50

Extra Egg €1.25 (E)

Maple Syrup €1.50

Hollandaise €1.25 (E,D)

Gluten Free Bread €1 Supplement

SALADS

GRILLED CHICKEN SALAD - €14
Grilled Chicken Breast, avocado and
corn salad, tomatoes over baby gem
with a creamy tarragon dressing.
... **D,SD,E**

SUMMER SALAD SPECIAL €14
Please Ask A member of Staff For This
Weeks Special!

12 TABLES

HERE AT 12 TABLES WE PLACE
GREAT IMPORTANCE ON THE
PROVENANCE OF OUR
INGREDIENTS AND WE DO OUR
UTMOST TO SUPPORT LOCAL
FAMILY SUPPLIERS.

BRESNAN'S BUTCHERS / EAST
FERRY FARM / BADGER & DODO /
CORK ROOFTOP FARM / GOOD
FISH / HORIZON FARM /
MEALAGULLA APPLE JUICE/
RYAN'S BAKERY / MCCARTHY'S
BUTCHER

SWEETS

House Scone with Butter, Fresh Cream
& Jam €3.25

... **G,E,D**
Double Chocolate Brownie (G,E,D) with
Fresh Cream €3.95

... **Add Ice Cream - €1.50**

Gluten Free Rocky Road - €4
... **N,D**

SANDWICHES ETC.....

THE TINNY SHED CLUB - €12.95
Chicken, bacon, avocado, tomato,
lettuce & mayo on grilled sourdough.
With house fries.
... **G,E,D,SB**

THE FINGERPOST - € 12.95
Honey-baked ham, mature cheddar,
pickle, red onion jam & mayo on grilled
sourdough. With house fries.
... **G,E,D,M,SB,SD**

12 TABLES BURGERS.....

THE MICK-O BURGER €16
McCarthy's 8oz Prime Beef Burger,
mature cheddar, tomato, pickle, red
onion jam, garlic aioli & ketchup in a
brioche bun served with house fries.
... **G,D,E,SB**

ADD BACON €1.50

THE RED EARL BURGER - € 17
McCarthy's 8oz Prime Beef Burger,
Bacon & Red Earl Whiskey jam, mature
cheddar, jalapenos, tomato, baby gem,
garlic aioli on a brioche bun & house
fries.
... **G,D,E,SB,SD**

**MAKE YOUR BURGER A DOUBLE
€2**

SUMMER RON - €16.50
Grilled Irish Chicken Breast, bacon,
avocado, cheddar cheese, tomato, corn
salsa and tarragon aioli on a brioche
bun. Served with house fries.
... **G,D,E,SB**

VEGGIE GLOW - €14
Maple Glazed Tofu, Sliced Beef Tomato,
Roasted Zucchini & Yellow Peppers,
Basil Pesto, Hummus & Baby Gem on a
Brioche Bun Served with smashed
potato.
... **G,D,E**

DUE TO THE SMALL SIZE OF OUR
KITCHEN, PLEASE ADVISE US OF ANY
FOOD ALLERGENS SO WE CAN INFORM
OUR CHEFS ACCORDINGLY!

*Gluten Free Bun Available €1 (SS)

* All beef and poultry are of Irish
origin.

KIDS MENU

EGGS & TOAST - €6
Two poached, free range eggs &
sourdough toast.
... **G,E,D**

JR LIONHEART- €7
Poached free range egg, sausage OR
bacon & sourdough toast.
... **G,E,D,SB,SD**

SAUSAGE & CHIPS - €7
Two Bresnan's sausages with house
fries.
... **G,D,SB,SD**

PANCAKES €6.50
Crepe Style Pancakes with Nutella &
fresh Berries.
... **G,E,D,N**

CHEESEBURGER €7
Single Patty Cheeseburger & house
fries.
... **G,D,E,SB**

CHICKEN GOUJONS €7
Breaded Irish chicken goujons & house
fries.
... **G,E,SB**

DRINKS

Americano €3.20 Espresso €2.90

Barry's Tea €2.50 Milk €2

Latté €3.75 Flat White €3.50

Cappuccino €3.75 Macchiato €3

Extra Shot € 0.50 Mocha €4.

Tea Pigs Herbal Tea €3.50

Van Houten Hot Chocolate €4

... **Kids €2.95**

Fresh Squeezed Orange Juice €3.50

Mealagulla Apple Juice €3.50

Coke / Coke Zero / 7-up/ Club Orange
€2.50

San Pellegrino Orange OR Limonada €3

San Pellegrino Sparkling Water

500ml/€3.65 750ml/€4.85

Acqua Panna Still Water 750ml/ €3.85

*** DRAFT BEER, WINE & BUBBLES
AVAILABLE, DON'T BE SHY, ASK
FOR THE FULL MENU ***