



THE COURTYARD  
ON SOBER LANE

COURTYARD MENU

## STARTERS

### FRESH SOUP OF THE DAY

€7

Served with homemade brown bread. (1,7,9) (GF available on request)

### COURTYARD CHICKEN WINGS

€10/18

Freshly baked chicken wings with a choice of homemade BBQ sauce or hot sauce served with blue cheese dip & side salad. (Starter/Main Option)

Mains served with hand cut skin on chips. (1,6,7,9)

### COURTYARD WARM CHICKEN SALAD

€13/17

Wok fried chicken, smoked streaky bacon pieces & potato cubes tossed in garlic butter & a light soy dressing. (Starter/Main Option) (1,3,6,7)

(GF available on request)

### MEDITERRANEAN VEGETABLE BRUSCHETTA

€9

Ciabatta bread, with homemade garlic butter & salsa topped with mixed vegetables and mozzarella cheese. (GF available on request) (1,3,7)

### PRAWN PIL PIL

€13

Fresh prawns baked in chilli and garlic oil served with crusty ciabatta bread. (GF available on request) (1,2,7,12)

### GARLIC MUSHROOMS

€9

Mushrooms baked in garlic butter served with garlic ciabatta bread. (GF available on request) (1,7)

### VOL-AU-VENT

€10/18

Chicken and mushroom in a white wine cream sauce served in flaky puff pastry with side salad. (Starter/Main Option).

Mains served with hand cut skin on chips. (1,7)

## MAINS

### BUTTERMILK CHICKEN GOUJONS €17

Freshly cut chicken breast marinated in a selection of spices & buttermilk, deep fried & served with sweet chilli dip, side salad & hand cut skin on chips. (1,3,7)

### FISH AND CHIPS €20

Fish of the day coated in a light tempura batter served with mint pea puree, homemade tartar sauce and hand cut skin on chips.

(GF available on request) (1,3,4,7)

### FISH GOUJON TACOS €19

Fish goujons served with lettuce, red onion, tartar sauce & pico de gallo, side salad & hand cut skin on chips (GF available on request) (1,3,4,7)

### THAI RED CURRY €18

Wok fried vegetables in a homemade creamy Thai red curry sauce served with basmati rice and poppadom. (V)

Add ginger and garlic marinated chicken breast pieces or prawns. (€4) (2,4,6,7,9)

### THE COURTYARD STIR-FRY €18

Wok fried vegetables in garlic butter tossed in a light honey and soy sauce served with basmati rice or hand cut chips. (V & VE option available)

Add ginger and garlic marinated chicken breast pieces or prawns. (€4) (2,4,6,7,9)

### PAN SEARED SALMON FILLET €24

Oven baked salmon fillet with garlic butter served with honey and thyme roasted vegetables & gratin potatoes. (GF) (V) (1,4,7,12)

### OVEN BAKED CHICKEN SUPREME €23

Fresh Clonakilty chicken supreme, pan fried and finished in our pizza oven served with honey and thyme roasted vegetables, gratin potatoes and gravy.

(GF) (7,9)

### CHICKEN & MUSHROOM PENNE €20

Chicken and mushroom pasta in a white wine cream sauce. Served with garlic ciabatta bread. (1,3,7,9,12)

## MAINS

### COURTYARD BURGER

€19

McCarthys 8oz grilled steak burger topped with smoked streaky bacon and mozzarella cheese on a toasted brioche bun with Ballymaloe relish, lettuce, tomato and red onion. (GF available on request) (1,3,7,12)

### THE BLUE LAGOON BURGER

€19

McCarthys 8oz grilled steak burger with caramelised red onion and Cashel blue cheese served in a brioche bun with lettuce, tomato and red onion. (GF available on request) (1,3,7,12)

### BBQ KOREAN CHICKEN BURGER

€19

Butterflied chicken breast marinated in garlic and ginger, golden fried & glazed with homemade Korean BBQ sauce served in a brioche bun with lettuce, tomato & red onion. (1,6,7,11)

### BUTTERMILK CHICKEN BURGER

€18

Butterflied chicken breast, marinated in a selection of spices and buttermilk, golden fried & served in a brioche bun with homemade garlic mayo, lettuce, tomato & red onion. (1,3,7,12)

### BEYOND MEAT BURGER

€19

Plant based burger served in a brioche bun with Ballymaloe relish, lettuce, tomato and red onion. (V) (VE available on request) (1,3,10)

### HOMEMADE FALAFEL BURGER

€18

Oven baked falafel patty served in a brioche bun, with homemade salsa, lettuce, tomato and red onion. (1,3)

### 10 OZ SIRLOIN ANGUS STEAK

€33

McCarthys Angus Steak served with sautéed mushrooms & onions, hand cut skin on chips, side salad and a choice of garlic butter or pepper sauce. (GF) (7)

ALL BURGERS SERVED WITH FRESH HAND  
CUT SKIN ON CHIPS & CRISPY ONIONS

## PIZZA MENU

MARGHERITA €13

Homemade pizza dough, vine tomato & herb sauce, mozzarella cheese.  
(VE available on request) (1,7)

VEGETARIAN €16

Homemade pizza dough, vine tomato & herb sauce, mozzarella cheese,  
chargrilled aubergine, courgette, mushrooms, olives & roasted red peppers.  
(VE available on request) (1,7)

HAWAIIAN €16

Homemade pizza dough, vine tomato & herb sauce, mozzarella cheese,  
ham & pineapple. (1,7,12)

PEPPERONI €16

Homemade pizza dough, vine tomato & herb sauce, mozzarella cheese &  
pepperoni. (1,7,12)

TUSCAN €16

Homemade pizza dough, mozzarella cheese, cajun chicken, chorizo, roasted  
red peppers & house basil pesto. (1,7,12)

STONE BAKED PIZZA FROM OUR ITALIAN PIZZA OVEN

## SIDES

HAND CUT SKIN ON CHIPS €4.50

SEASONAL DRESSED MIX LEAF SALAD (10) €4.50  
Served with homemade honey & mustard dressing.

GARLIC BREAD (1,7) €5  
(Add mozzarella cheese)

HOMEMADE CRISPY ONION RINGS (1) €5

BASMATI RICE €4.50

GRATIN POTATOES (7) €5



## DESSERT MENU

### CHEESECAKE OF THE WEEK €8

A light creamy cheesecake with a crushed cookie base served with whipped cream. (1,7)

### BRADLEY'S BROWNIE €8

Chocolate fudge brownie served warm with vanilla ice-cream & chocolate sauce. (3,7)

### ORANGE & ALMOND CAKE €8

A deliciously moist, flourless gluten free cake made with fresh oranges and almonds served with vanilla ice-cream. (3,7,8)

### STICKY TOFFEE PUDDING €8

Sticky toffee pudding with homemade butterscotch sauce and whipped cream (VE available on request) (1,3,7)

### SELECTION OF ICE-CREAM (7) €8

## OUR LOCAL SUPPLIERS

We are proud to support Irish suppliers including local producers such as: McCarthy's Meats, Shannon Vale, John Lane & Sons, Ballycotton Seafood, Coolhull Farm, Cappoquin Meats, Allfresh, Total Produce plus many more.

Allergens : 1 - Gluten, 2 - Crustaceans, 3 - Egg, 4 - Fish, 5 - Peanuts, 6 - Soya, 7 - Dairy, 8 - Nuts, 9 - Celery, 10 - Mustard, 11 - Sesame Seeds, 12 - Sulphites, 13 - Lupin, 14 - Molluscs



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