

===== LUNCH MENU =====

Served daily from 12pm until 6pm.

**Specials**

**Soup of the Day** ..... €4.85  
Freshly Prepared Soup & Breads.  
Please ask server for allergens.

**English Market Seafood Chowder** ..... €6.85  
Creamy Potato & Smoked Bacon Soup  
with a selection of fresh seafood  
- served with soda bread. (CL,F,D,ML,CR)

**Soup & Half Sandwich** ..... €9.95  
Please ask server for details.

**SALADS**

**Chilli Tigers** ..... €12.00  
Warm chilli grilled prawns with chorizo,  
cherry tomatoes, roasted red peppers,  
pickled cucumber, red onion jam, caramelised  
walnuts & mixed leaves with a balsamic  
vinegar dressing. (M,CR,G,D,N)  
Wine: *The Accomplice Chardonnay* €6

**The Spicy Cajun** ..... €9.00  
Grilled spicy cajun chicken served with  
cherry tomatoes, roasted red peppers,  
pickled cucumber, red onion jam & a  
balsamic vinegar dressing. (CL,M)  
Wine: *Paulita Sauvignon* €6

**Cheese Please** ..... €12.00  
Grilled Goats cheese with cherry tomatoes,  
roasted red peppers, curried fried potatoes  
& rocket leaves with a pine nut pesto  
dressing. (N,D,M)  
Wine: *Casa Roja Rose* €6

**The Duck Delight** ..... €12.00  
Shredded Hoisin duck, crispy apple, cherry  
tomatoes, red onion, pickled cucumber,  
celeriac, basil croutons & mixed leaves  
with a balsamic vinegar dressing. (SB,G,M)  
Wine: *Legendary Pinot Noir* €7

**COLD SANDWICHES**

Can be toasted on request

**Rotisserie Chicken & Stuffing Sandwich** ..... €5.85  
Thyme & lemon scented chicken,  
cranberry sauce & herb stuffing. (G,D)  
Wine: *Lawsons Dry Hills Riesling* €7

**Ham & Cheese** ..... €5.85  
House honey & mustard glazed ham with aged  
cheddar cheese, on sourdough bread. (G,D,M)  
Wine: *Paulita Cabernet Sauvignon* €6

**The Ham Sambo** ..... €5.85  
House honey & mustard glazed ham,  
on sourdough. (G,M)  
Wine: *Legendary Pinot Noir* €7

**Hot Sandwiches**

**Reuben** ..... €7.85  
Grilled artisan rye bread, with house slow  
cooked beef, Swiss cheese, celeriac 'slaw  
& Russian dressing. Served with skinny  
stealth fries. (CL,D)  
Wine: *Paulita Cabernet Sauvignon* €6

**The Grilled Goat's Cheese** ..... €6.85  
Grilled brioche bread, goat's cheese  
(v) with roast tomato, red pepper, pesto  
and balsamic vinegar. (D,N,E)  
Wine: *Three Woolly Sheep Sauvignon Blanc* €8

**BLT Classic** ..... €6.85  
Crispy streaky smoked bacon,  
iceberg lettuce, sliced tomato and  
mayo in grilled sourdough bread. (G,E,D)  
Wine: *Costa Cruz Verdejo Sauvignon* €6

**Choice Chicken** ..... €8.85  
Fillet of chicken cooked in Arrabiata sauce  
served w/ rocket, pesto mayo and sliced  
tomato on baked flatbread. (G,E,N,D)  
Wine: *Table Mountain Chardonnay* €6

**ALLERGEN INFO:** Please inform your server of any allergies prior to ordering

E: Eggs | G: Gluten | D: Lactose | CL: Celery | F: Fish | N: Nuts | SB: Soybeans | M: Mustard  
SS: Sesame | CR: Crustaceans | P: Peanuts | L: Lupin | ML: Molluscs | SD: Sulphur Dioxide